Woodland Gardens



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Elements of Woodland Garden



- 1. Overstory trees for shade
- 2. Understory
- 3. Tie together with shrubs
- 4. Interesting woodland floor
- 5. Add a few details

Shade Loving or Shade Tolerant



- Plants adapt
- Sun plants may do well in shade, just flower less or become smaller
- Shade plants may do well in sun, just need more water

Advantages

- Flower blooms tend to last longer and color is more intense than in the sun
- Plant foliage is unlikely to suffer burns
- Plants tend to need less fertilizer
- Weeds tend to be less of a problem
- Less maintenance
- Fewer insect problems
- Trees provide natural leaf mulch during winter months

Disadvantages

- Few plants and colors
- Plants grow more slowly
- Foliage tends to remain wet longer
- Slugs and snails
- Soil acidity





Types of Shade

- Deep, Dense, Heavy, Full
- Partial, Half, Medium, Dappled
- Filtered, light, thin

- Wet or dry
- Morning or afternoon sun
- Seasonal shade



Tips to growing sun loving plants in the shade

- Plants grow leggier in shade, so buy the bushiest, most compact specimens
- If you like a certain sun-loving plant but only have shade – try it there.

 When buying shadetolerant plants, pick varieties that bloom early, before deciduous trees block the light during their most active growth

Colors

- Dominate shade colors: white, blue, mauve, pink
- Daylilies can add splash of color
- Start with "anchor" plants like hydrangea or viburnum
- Light colors will stand out in shade





Tips for planting under trees

- Avoid damaging tree roots
 - do not add soil on top of tree roots
 - gently plant between roots
 - do not cut into roots 2" or larger
 - use a layer of mulch no deeper than2-4" thick
- Look to nature for inspiration in plant selection
- Be prepared to water the first year or two until plants are established
- Use containers to add color



Bulbs in Shade Garden

(in order from early to late)

- Snowdrops (Galanthus)
- Crocus
- Siberian Squill (Scilla Siberica)
- Winter Aconite (Eranthus)
- Daffodils (Narcissus)
- Double Grape Hyacinth (Muscari)
- Tulips
- Wood Hyacinth (Scilla companulata)
- Alliums



Dry vs. Moist

Dry

- Mulch, water new plants
- Hellebore, Spotted
 Deadnettle,
 Bloodroot, fern,
 trillium, lady's mantle



Moist

- Consistent moisture
- Astilbe, Brunnera, Fernleaf bleeding heart, Coral bells



Light Shade

- Aster
- 2. Turtlehead (Chelone obliqua)
- 3. Cranesbill Geranium (Geranium sanguineum)
- Bee Balm (*Monarda* 'Jacob Kline')
- 5. Phlox
 - 1. P. divaricata (woodland)
 - 2. P. maculata (early)
 - 3. P. paniculata (border)
 - 4. P. stolonifera (creeping)
 - 5. P. subulata (moss)
- 6. Black-eyed Susan (Rudbeckia)





Medium Shade Perennials



- 1. Astilbe
- 2. Daylily
- 3. Jacob's Ladder
- 4. Lady's Mantle
- 5. Solomon's Seal
- 6. Bleeding Heart
- 7. Spiderwort
- 8. Spotted Deadnettle

Full Shade Perennials

- 1. Coral bells
- Japanese painted fern (Athyrium x)
- 3. Hosta
- 4. Sedges





Ferns

- Cultivars for full sun to full shade
- Large (3 feet)
 - Ostrich (*Matteuccia tructhiopteris*)
 - Bracken (*Pteridium aquilnum*)
 - Cinnamon (Osmunda cinnamomea)
 - Interrupted (Osmunda claytoniana)
- Intermediate (12 to 36 inches)
 - Maidenhair (Adiantum pedatum)
 - Spinulose woodfern (*Dryopteris* carthusiana)
 - Oak (Gymnocarpium dryopteris)
- Small (4 to 12 inches)
 - Bulblet (Cystopteris bulbifera)
 - Fragile (Cystopteris fragilis)

Hosta



- Low maintenance, quick growing
- Variety of leaf sizes, shapes, colors, and textures
- Best leaf color in partial shade, avoid afternoon sun
- Option: remove flowers as they sprout or as flowers fade
- Divide anytime during growing season

Moss Gardens

- Moss grows best in shade or part shade
- Acidic soil (pH 5.0 to 6.0)
- No fertilizing necessary
- Cut, move, keep moist for 3 weeks to transplant



Bugleweed (Ajuga reptans)

- Evergreen, green, bronze or variegated
- One plant can fill a 3 foot square
- Full sun to part shade
- Avoid open or exposed areas – may suffer winter kill
- Minimal fertilization needed to keep plants healthy



Deadnettle (Lamium maculatum)

- Excellent ground cover for shaded areas
- Prefers moist, well drained soil
- Part to full shade
- Pest free
- Lift and divide overgrown plants
- Can be aggressive
- Cultivars: Beacon Silver,
 White Nancy



Lenten Rose (Helleborus x Hybridus)



- Partial to full shade, moist, well-drained alkaline soil
- Plants are evergreen
- Prune off dead leaves in late winter or mow for complete renewal
- Can reseed heavily, flowers about 3rd year

Lily-of-the-Valley (Convallaria majalis)

- Caution: can be aggressive in garden, invasive near woodlands
- Prefer moist, well drained soil
- Part to full shade
- Not a good choice in a garden setting
- Plants under trees benefit from a yearly application of fertilizer in early spring



Moneywort (Lysimachia nummularia)

- Aggressive
- Tolerate wide range of conditions, prefers shade with moist to wet organic soil
- Minimal fertilizer needed
- Monitor planting, pruning back and pulling plants that have overgrown space



Vinca (Vinca minor)

- Evergreen, zone 4
- Shade-tolerant, use under trees and shrubs
- Grow in protected area from winter wind and sun to avoid winter burn
- Moist, well-drained soil and good air circulation
- Pinch back to promote branching and denser cover



Thank You



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